

DIABETES

Diabetes affects the body's ability to use blood sugar for energy. The main types include type 1 diabetes, type 2 diabetes, and gestational diabetes. Diabetes insipidus, a rare disorder, is not related to diabetes mellitus (sugar diabetes). Diabetes symptoms may include increased thirst and urination, blurred vision, and fatigue.

What Are the Symptoms of Diabetes?

Common symptoms of diabetes include:

- Excessive thirst and appetite
- Increased urination (sometimes as often as every hour)
- Unusual weight loss or gain
- Fatigue
- Nausea, perhaps vomiting
- Blurred vision
- Frequent vaginal infections
- Yeast infections
- Dry mouth
- Slow-healing sores or cuts
- Itching skin, especially in the groin or vaginal area

For additional information, visit American Diabetes Associates at <http://www.diabetes.org>

Would you like to make changes to **IMPROVE** your health?

Contact a FirstLine Therapy Representative at Comprehensive Center for Women's Medicine. Take the first step to improving your health and your quality of life.

Comprehensive Center for Women's Medicine

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